

Eligibility

“Intellectual Disability” refers to substantial limitation in present functioning. An intellectual disability is characterized by significant limitations in intellectual functioning and adaptive behaviour as expressed in conceptual, social and practical adaptive skills. This exists concurrently with related limitations in two or more of the following applicable adaptive skill areas: communication, self care, home living, social skills, community use, self direction, health and safety, functional academics, leisure and work.

All individuals two years of age or older with an intellectual disability have access to Special Olympic Ontario’s sport programs. Those with multiple disabilities are also eligible to participate, but one disability must be an intellectual one.

Become an Athlete

If you are interested in joining Special Olympics Ontario, you must:

- **Contact your local Special Olympics Ontario** – Special Olympics Ontario is divided into 7 districts, each of which consists of many local community chapters. Special Olympics Guelph Wellington is part of South Central Ontario District and our local community council provides 18 Special Olympics teams in nine Sports year round.
- **Decide which sport or club is best for you** – Our community, depending on the season, has more than one type of sport available. If you do not find the sport you are looking for in this brochure, please contact us for more information of sports in close by communities.
- **Complete your Athlete Registration Package** – Before you can participate as an athlete with Special Olympics Ontario, you must complete an athlete registration form. It includes the athlete’s emergency contact and medical information. The form must be completely filled out, signed and returned to the athlete registrar or head coach. For athlete safety purposes, a copy of this form is held by the head coach or team manager. Special Olympics Guelph Wellington requires a registration fee for participation with each team.
- **Contact the Head Coach / Team Manager** – Once you have decided, contact the head coach, team manager or club contact to arrange a visit to the program, actual start dates and to learn additional details such as required equipment &/or skill level.

For any and all inquiries about Special Olympics programs in Guelph Wellington please contact our local Registrar by email at

specialolympics.guelphwellington@sympatico.ca
or telephone/text 519-827-5659

GUELPH WELLINGTON SPECIAL OLYMPICS ONTARIO



LET ME WIN,

BUT IF I CANNOT WIN,

LET ME BE BRAVE IN THE ATTEMPT!

Sport (Season)	Details
Basketball (Spring)	<p>Guelph Basketball Team 1, Team 2 & Team 3</p> <ul style="list-style-type: none"> Tuesdays from 6:30 - 9:00PM St. James CSS GYM, 57 Victoria Road N Season is October-April • Registration is \$75 for season Contact Steve Redmond at 519-824-2169 or sredmond841@sympatico.ca
	<p>Guelph-Wellington Basketball & Guelph-Wellington Basketball - Youth (Ages 10 to 21)</p> <ul style="list-style-type: none"> Tuesdays from 6:30 - 9:00PM Holody Centre for Sports and Recreation ARC Industries, 8 Royal Rd Season is October-April • Registration is \$75 for season Contact Hilary Balaban at 519-830-5610 or hbalaban333@gmail.com
Bowling (Spring)	<ul style="list-style-type: none"> Mondays or Wednesdays at 6:30pm Woodlawn Bowl on Woodlawn Rd. Guelph Season is from September – April Registration is \$25 plus additional fee each week TBD (includes shoes and 2 games) Contact Kathy Mackenzie at 519-515-0353 or kmacken@rogers.com
Powerlifting (Spring)	<ul style="list-style-type: none"> Tuesdays from 7-8pm Season is year-round Registration Fee depends on Facility membership cost Contact John Rawson at 519-277-2568 or john407us@yahoo.com
Swimming (Spring)	<p>Guelph Dolphins <i>Level C & Adapt</i></p> <ul style="list-style-type: none"> Saturdays from 3:30-4:30pm West End Community Centre Leisure & Lane Pools, 21 Imperial Rd S, Guelph Season is September to April Registration is \$75 for season Contact Leslie Quirk at 519-826-9766 or quirk@rogers.com
	<p>Guelph Dolphins <i>Level B (independent deep water) & Masters (Non-competitive)</i> Saturdays from 4:30-5:30pm</p> <p><i>Level A (independent deep water & competitive)</i> Saturdays from 5:30-6:30pm</p> <ul style="list-style-type: none"> Centennial Pool, 289 College Ave W, Guelph (entrance at rear) Season is September to April Registration is \$75 for season Contact Leslie Quirk at 519-826-9766 or quirk@rogers.com
	<p>Fergus Phantoms</p> <ul style="list-style-type: none"> Tuesdays at 7:00pm Centre Wellington Sportsplex, 550 Belsyde Ave E, Fergus Season is September-April Registration is \$75 for season Contact Ron Heipel at 519-822-3192 or heipelron@yahoo.ca

Bocce (Summer)	<ul style="list-style-type: none"> Thursdays from 4-5pm Holody Centre for Sports & Recreation ARC Industries, 8 Royal Rd. Guelph Season is September-May Registration is \$75 for season Contact Cheryl Bourque-Turner at 226-314-0841 or cbourqueturner@clgw.ca
Soccer (Summer)	<ul style="list-style-type: none"> Saturdays from 6-7:30pm Castlebury DR Park Soccer Field 1, 50 Castlebury DR, Guelph Season is from May-August Registration is \$75 for season Contact Joe MacDowell at 226-500-0341 or joe.amanda.mac@gmail.com
Track & Field (Summer)	<ul style="list-style-type: none"> Wednesdays from 6-7:30pm St. James Track on Grange Rd. Guelph Season is May-July Registration is \$75 for season Contact Lori Savage at 519-823-3207 or lsavage22@cogeco.ca
Softball (Summer)	<p>LEVEL D</p> <ul style="list-style-type: none"> Mondays from 6-7:30pm Sleeman Park, 105 Silvercreek Pky N Guelph Season is May-August • Registration is \$75 for season Contact Jonah Lunod 226-203-0820
	<p>LEVEL C</p> <ul style="list-style-type: none"> Tuesdays from 6-7:30pm Sleeman Park, 105 Silvercreek Pky N Guelph Season is May-August • Registration is \$75 for season Contact Kathy Mackenzie at 519-515-0353 or kmacken@rogers.com
	<p>LEVEL B</p> <ul style="list-style-type: none"> Thursdays from 6-8pm Sleeman Park, 105 Silvercreek Pky N Guelph Season is May-August • Registration is \$75 for season Contact Gail Nisbet 519-822-6384 or gnisbet@rogers.com
Floor Hockey (Winter)	<p>LEVEL B</p> <ul style="list-style-type: none"> Thursdays at 6:30-8pm Holody Centre for Sports & Recreation ARC Industries, 8 Royal Rd. Guelph Season is November – February • Registration is \$75 for season Contact Paul Turner at 519-843-2559 or Cheryl Bourque at cheryl.bourque@sympatico.ca
	<p>LEVEL C</p> <ul style="list-style-type: none"> Fridays at 5:30-7pm Holody Centre for Sports & Recreation ARC Industries, 8 Royal Rd. Guelph Season is November – April • Registration is \$75 for season Contact Gail Nisbet at 519-821-6384 or gnisbet@rogers.com